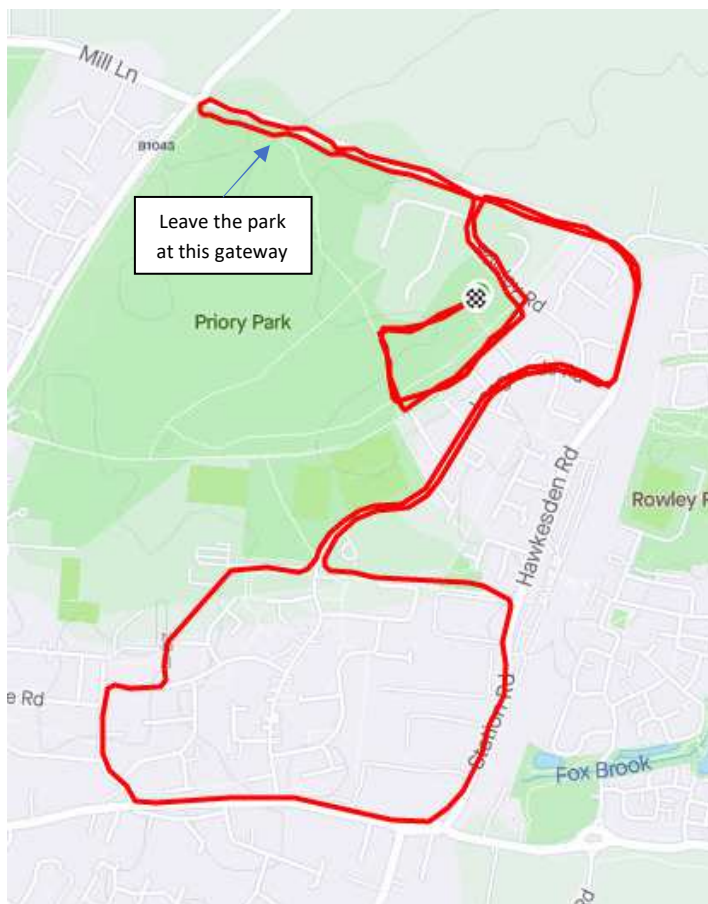
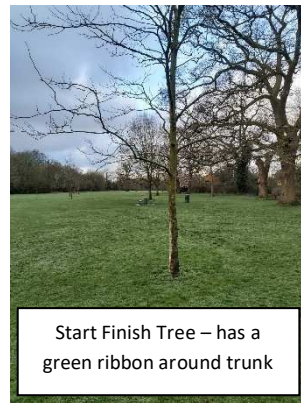


## Handicap Route (Revised April 2021)



The route will be a standard 4.4 miles course, starting and finishing from a specific tree approx. 45 metres from the top gate at Priory Park on Rowley Road (postcode PE19 1UJ)



### Start

From “Start / Finish Tree” (halfway between Covid sign and Picnic Bench), across Priory Park to “Turn Tree” then join tarmac path to leave the park on the path that emerges near the

back of Heron Court.

Along tarmac footpath to Rowley Road and left **down to bottom of Priory Hill, left and double back inside Priory Park.** Leave park at emergency access gate (see map above) back on to Priory Hill. Then back up Priory Hill to top of Longsands Road.

Down Longsands Road turning right down footpath straight after Longsands School to the end of the refurbished element then into Princess Drive and right to get to Kings Lane.

Turn left into Kings Lane and then left again at the end, up Cambridge Street.

Follow the road around passed Spar to the station and then turn left down the footpath to Longsands Road.

Turn right up Longsands Road to the top and then left to head round towards Priory Hill.

Turn left in Rowley Road and then turn right, back along tarmac path (immediately next to houses) and retrace route back into Priory Park, round the Turn Round Tree and back to Start / Finish Tree where you started.

**There are not many rules but two are (and failure to observe will give a “DNF”) :**

- 1. You must stay on the left hand pavement in direction of travel along Rowley Road at all times**
- 2. You must stay on right hand pavement in direction of travel on Longsands Road at all times**